

Monday
Tuesday
Wednesday
Thursday
Friday


All meals are served with a choice of fresh fruit or fruit cup and a milk choice. Peanut Butter and Jelly lunch, yogurt Lunch and Salad box Lunch are offered daily
Breakfast and Lunch are **FREE** to all students!!
Check out our website www.deruytercentral.org

4
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1

Staff Day

Popcorn Chicken w/ Texas Toast
OR
Chicken & Cheese Quesadilla
French Fries and Baked beans

Pasta w/ Meat Sauce & Garlic
Toast
OR
Hot Dog on a WG Roll
Green Beans

Assorted Pizza Slice

OR
Ham & Cheese Box Lunch
Broccoli and Tossed Salad

11
12
13
14
15

Mini Pancakes w/Sausage
OR
Pulled Pork Wrap
Tater tots
100% F&V Juice

Walking Beef Taco W/Lettuce &
Cheese
OR
Pepperoni & Cheese Lunch box
Cheesy Bean Dip, Carrots w/dip

Ham & Cheese Bubbliies
OR
Chicken & Cheese Quesadilla
Sweet Potatoes and
Green Beans

Creamy Chicken Pasta
w/Texas Toast
OR
Hot Dog on a WG Roll
Broccoli & Garden Salad

Assorted Pizza Slice

OR
Ham & Cheese Box Lunch
Broccoli and Tossed Salad

18
19
20
21
22

Rocket Chicken Bowl w/ Texas
Toast
OR
Pulled Pork Wrap
Mashed Potatoes & Corn

Grilled Cheese Sandwich
OR
Pepperoni & Cheese Lunch Box
Tomato Soup & Sweet Potato
Fries

Hot Dog on a WG Roll
OR
Chicken & Cheese Quesadilla
Baked Beans
French Fries

Pasta W/ Meat Sauce & Garlic
Knott
OR
Hot Dog On A WG Roll
Cuke & Tomato Salad

Assorted Pizza Slice

OR
Ham & Cheese Box Lunch
Broccoli and Tossed Salad

25
26
27
28
29

Pizza Crunchers W/Sauce
OR
Pulled Pork Wrap
Carrots W/dip and Green Beans

Soft Beef Taco w/ Lettuce & Cheese
OR
Pepperoni & Cheese Lunch Box
Cheesy Beans W Chips
Corn

DeRuyter Mac & Cheese
W/ Dinner Roll
OR
Chicken & Cheese Quesadilla
Spinach and Carrots

Hot Turkey & Gravy
OR
Hot Dog on a WG Roll
Mashed Potatoes
Carrots

Assorted Pizza Slice

OR
Ham & Cheese Box Lunch
Broccoli and Tossed Salad