

SEPTEMBER 2023

DeRuyter 9-12

DeRuyter Central School District is an Equal Opportunity Provider and Employer. Brenda Scutt Cook Manager

315-852-3400 x 7146

Friday Tuesday Wednesday Monday **Thursday** All meals are served with a choice of fresh fruit or fruit cup and a milk choice. Peanut Butter and Jelly lunch, yogurt Lunch and Salad box Lunch are offered daily Breakfast and Lunch are FREE to all students!! Check out our website www.deruytercentral.org Assorted Pizza Slice Pasta w/ Meat Sauce & Garlic Popcorn Chicken w/ Texas Toast Staff Day Toast OR OR OR Ham & Cheese Box Lunch Chicken & Cheese Quesadilla Hot Dog on a WG Roll Broccoli and Tossed Salad French Fries and Baked beans Green Beans 11 14 Assorted Pizza Slice Ham & Cheese Bubblies Creamy Chicken Pasta Mini Pancakes w/Sausage Walking Beef Taco W/Lettuce & OR OR w/Texas Toast Cheese OR Pulled Pork Wrap Chicken & Cheese Quesadilla OR OR Ham & Cheese Box Lunch Tater tots Pepperoni & Cheese Lunch box Sweet Potatoes and Hot Dog on a WG Roll Broccoli and Tossed Salad 100% F&V Juice Cheesy Bean Dip, Carrots w/dip **Green Beans** Broccoli & Garden Salad Grilled Cheese Sandwich 0 Hot Dog on a WG Roll? Assorted Pizza Slice OR OR Pasta W/ Meat Sauce & Garlic Rocket Chicken Bowl w/ Texas Pepperoni & Cheese Lunch Box Chicken & Cheese Quesadilla Knott Toast OR **Tomato Soup & Sweet Potato** OR OR **Baked Beans** Ham & Cheese Box Lunch Hot Dog On A WG Roll Fries Pulled Pork Wrap Broccoli and Tossed Salad French Fries Cuke & Tomato Salad Mashed Potatoes & Corn 28 Soft Beef Taco w/ Lettuce & Cheese Assorted Pizza Slice DeRuyter Mac & Cheese Hot Turkey & Gravy Pizza Crunchers W/Sauce W/ Dinner Roll OR OR Pepperoni & Cheese Lunch Box Hot Dog on a WG Roll OR Pulled Pork Wrap Ham & Cheese Box Lunch Cheesy Beans W Chips Chicken & Cheese Quesadilla **Mashed Potatoes** Carrots W/dip and Green Beans Broccoli and Tossed Salad Corn

Spinach and Carrots

Carrots