

## **OCTOBER 2023**

K-8

DeRuyter Central School District is an Equal Opportunity Provider and Employer. Brenda Scutt Cook Manager 315-852-3400 x 7146

Thursday Monday Tuesday Wednesday Friday **Grilled Cheese** Pasta w/ Meat Sauce Assorted Pizza Slice Walking Taco w/ Lettuce & Mini Pancakes w/ Sausage OR w/Texas Toast OR Cheese OR OR Chicken Ranch Wrap Hot Dog on a WG Roll OR Ham & Cheese Lunch Box **Egg Salad Sandwich** Tomato Soup w/ Crackers Garden Salad Tuna Fish Sandwich 100 % F&V Juice Carrots **Sweet Potato Fries** Broccoli Cheesy Bean dip, Corn **Tater Tots** Assorted Pizza Slice Rocket Chicken Platter Cheeseburger on a WG Bun NO SCHOOL STAFF DAY OR W/Pizza Cruncher & Bread Stick Columbus Day **NO STUDENTS** OR Hot Dog on a WG Roll OR Egg Salad Sandwich Garden Salad Chicken Ranch Wrap **Sweet Potato Fries** Broccoli French Fries Assorted Pizza Slice Popcorn Chicken w/ Texas Toast Rocket Breakfast Sandwich Cheeseburger on a WG Bun Pasta w/ Meat Sauce/Garlic OR OR OR OR Knot Hot Dog on a WG Roll Ham & Cheese Lunch Box Tuna Fish Sandwich Chicken Ranch Wrap OR Garden Salad Sweet potato Fries and Baked Carrots sticks w/ dip Egg Salad Sandwich Tater Tots And **Beans** Broccoli **Green Beans And Carrots** 100% F&V Juice French Fries Walking Taco w/ Lettuce & Meatball Sub Assorted Pizza Slice Mini Pancakes w/ Sausage Chicken Patty on a WG Bun Cheese OR OR OR OR OR **Egg Salad Sandwich** Hot Dog on a WG Roll Ham & Cheese Lunch Box Chicken Ranch Wrap Tuna Fish Sandwich Carrots Garden Salad **Sweet Potato Fries Tater Tots** Cheesy Bean Dip Broccoli 100% F&V Juice Broken Bones(Pork Rib) on a WG Pizza Crunchers W/Dip Roll OR OR Ham & Cheese Lunch Box Tuna Fish Sandwich Garden Salad Sweet Potato Fries & Baked Beans

All meals are served with a choice of fresh fruit and a milk choice. Peanut Butter and jelly lunch, yogurt Lunch and Salad box Lunch are Offered daily

Breakfast and Lunch are **FREE** to all students!!