



OCTOBER 2023

9-12

DeRuyter Central School District is an
Equal Opportunity Provider and Em-
ployer. Brenda Scutt Cook Manager
315-852-3400 x 7146

Monday

Tuesday

Wednesday

Thursday

Friday

2

Mini Pancakes w/ Sausage
OR
Ham & Cheese Lunch Box
100 % F&V Juice
Tater Tots

3

Walking Taco w/ Lettuce &
Cheese
OR
Tuna Fish Sandwich
Cheesy Bean dip, Corn

4

Grilled Cheese
OR
Chicken Ranch Wrap
Tomato Soup w/ Crackers
Sweet Potato Fries

5

Pasta w/ Meat Sauce
w/Texas Toast
OR
Egg Salad Sandwich
Carrots

6

Assorted Pizza Slice
OR
Hot Dog on a WG Roll
Garden Salad
Broccoli

9

NO SCHOOL
Columbus Day

10

STAFF DAY
NO STUDENTS

11

Rocket Chicken Platter
W/Pizza Cruncher & Bread Stick
OR
Chicken Ranch Wrap
French Fries

12

Cheeseburger on a WG Bun
OR
Egg Salad Sandwich
Sweet Potato Fries

13

Assorted Pizza Slice
OR
Hot Dog on a WG Roll
Garden Salad
Broccoli

16

Popcorn Chicken w/ Texas Toast
OR
Ham & Cheese Lunch Box
Sweet potato Fries and Baked
Beans

17

Rocket Breakfast Sandwich
OR
Tuna Fish Sandwich
Tater Tots &
100% F&V Juice

18

Cheeseburger on a WG Bun
OR
Chicken Ranch Wrap
Carrots sticks w/ dip
French Fries

19

Pasta w/ Meat Sauce/Garlic
Knot
OR
Egg Salad Sandwich
Green Beans & Carrots

20

Assorted Pizza Slice
OR
Hot Dog on a WG Roll
Garden Salad
Broccoli

23

Mini Pancakes w/ Sausage
OR
Ham & Cheese Lunch Box
Tater Tots, 100% F&V Juice

24

Walking Taco w/ Lettuce &
Cheese
OR
Tuna Fish Sandwich
Cheesy Bean Dip

25

Chicken Patty on a WG Bun
OR
Chicken Ranch Wrap
Sweet Potato Fries

26

Meatball Sub
OR
Egg Salad Sandwich
Carrots

27

Assorted Pizza Slice
OR
Hot Dog on a WG Roll
Garden Salad
Broccoli

30

Pizza Crunchers W/Dip
OR
Ham & Cheese Lunch Box
Garden Salad

31

Broken Bones(Pork Rib) on a WG
Roll
OR
Tuna Fish Sandwich
Sweet Potato Fries & Baked Beans

All meals are served with a choice of fresh fruit and a milk choice. Peanut Butter and jelly lunch, yogurt Lunch and Salad box Lunch are
Offered daily
Breakfast and Lunch are **FREE** to all students!!